

## Clapham Manor Anti-Bullying Code – Key Stage Two

This Anti-Bullying Code has been written by Clapham Manor School Council to help and support pupils at Clapham Manor to understand what bullying is and what to do if you are experiencing or witnessing bullying.

<p><b><u>What is bullying?</u></b></p> <ul style="list-style-type: none"><li>• Bullying is when someone does something bad that hurts you emotionally/ physically and they do it over and over again.</li><li>• Bullying is when you hurt someone very often.</li><li>• Bullying is when someone continuously is doing something rude to you.</li><li>• When someone hurts your feelings.</li><li>• Bullying is when you're repeatedly being mean – it can be verbal or non-verbal.</li></ul>	<p><b><u>What to do if you feel you are being bullied?</u></b></p> <ul style="list-style-type: none"><li>• Don't hide your feelings – tell an adult.</li><li>• Take a positive step.</li><li>• Tell a trustworthy adult.</li><li>• Stand up for yourself.</li><li>• Talk to Childline/ NSPCC.</li><li>• Tell a parent/ carer at home.</li><li>• Tell them to stop and walk away.</li></ul>
<p><b><u>What will Clapham Manor do to deal with bullying?</u></b></p> <ul style="list-style-type: none"><li>• All teachers work collaboratively to help to stop it.</li><li>• Teachers to work with parents to support pupils.</li><li>• Listen to pupils concerns.</li><li>• Display Childline number and posters around school for support.</li><li>• Use worry boxes to give pupils a place to express their concerns.</li><li>• Use our school anti-bullying policy to support pupils and parents.</li></ul>	<p><b><u>What to do if you see bullying/ if you are a bystander?</u></b></p> <ul style="list-style-type: none"><li>• Be kind to the victim.</li><li>• Face up to the bully.</li><li>• Tell a teacher.</li><li>• Help them even if they are not your friend.</li><li>• Don't feel scared to report the bullying to someone.</li><li>• Tell a friend you trust to help you.</li><li>• Write it down and put it in the worry box.</li></ul>

### Who Can Help?

